

Name: Date:	Date of Birth:
Phone:	Email:
Address:	
Emergency Contact (name & phone):	
How did you hear about us?	Referral Name:
GENERAL HEALTH (*Please answer all areas to the best of your ability)	
Rate your level of stress: (5=highest, 1=lowest)54321	
Do you wear contact lenses? (circle) Yes No	
Please list any allergies you may have:	
Please list any medications that you are currently taking:	
HEALTH HISTORY (*Please check all that currently apply)	
Heart Condition Lymph Edema Herpes/Shingles Sinus Problems Cancer TMJ/Jaw Pain Varicose Veins Allergies Blood Clots Chronic Pain Arthritis Diabetes Headaches Rashes Spasms/Cramps Breastfeeding Headaches Spasms/Cramps	 High Blood Pressure Low Blood Pressure Autoimmune Numbness/Tingling Liposuction Depression/Anxiety Broken/Fractured Bones
Pregnant (weeks)	Other:
MASSAGE THERAPY	
Have you ever had a professional massage before? If so, when?	
What type of pressure do you prefer? (circle) Light Mediu	m Deep
Is there any area of your body you <u>do NOT</u> want massaged?	
Goal for massage session: (circle) Relaxation Pain Relief Stress Reduction	
SKIN CARE / WAXING	
Are you under the care of a dermatologist? (circle) Yes No	
Do you use: Accutane Retin A/Retinol Adapalene Differin Other prescription product:	
Have you had: Chemical Peel Microdermabrasion Laser Microblading Other resurfacing treatment; Date of last Facial:	
Are you currently using any products that contain: (circle) Glycolic Acid Lactic Acid	Hydroxy Acid Vitamin A/Retinol
Do you have any skin sensitivities or irritants?	

Flip over to complete back

I, the client, of BRIGHTWATER The Spa at skin Care Institute LLC, understand that it is my choice to receive a service at this facility. I acknowledge that beauty spa treatments, including, but not limited to: skin care, massage, waxing, nail treatments, facial toning, body treatments, Dermaplaning, eyelashes/eyebrows, energy treatment, and various other beauty procedures is not an exact science and no specific guarantees can or have been made concerning the outcome. I understand that some clients experience more change and improvement than others. In virtually all cases, multiple treatments are required in order to realize a difference. On behalf of myself, my heirs, my executors, and my administrators, I understand and agree to assume the following risks and hazards which may occur in connection with any particular treatment including but not limited to: unsatisfactory results, soreness, poor healing, discomfort, redness, blistering, skin damage, nerve damage, disability, death, scarring, infection, change in skin pigmentation, allergic reaction, eye damage, change or damage to my vision, muscle damage, and increased hair growth. I understand that even though precautions may be taken in my treatment, not all risks can be known in advance. Given the above, I understand that exponse to treatment varies on an individual basis and that specific results are not guaranteed. Therefore, in consideration for any treatment received BRIGHTWATER The Spa at Skin Care institute LLC, I agree to unconditionally defend, indemnify, hold harmeles and release from any and all liability, costs of livigation and any other costs of every kind and nature, the company and the individual that provided my treatment, the insured, their insurance company, and any additional insureds, as well as any officers, directors, or employees of the above companies for any injury, property damage, condition or result, known or unknown, that may arise as a consequence of any treatment that limits permitried by any provision of this agreement is foun

Client Name (printed):______Date:_____

Client Signature:_____

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